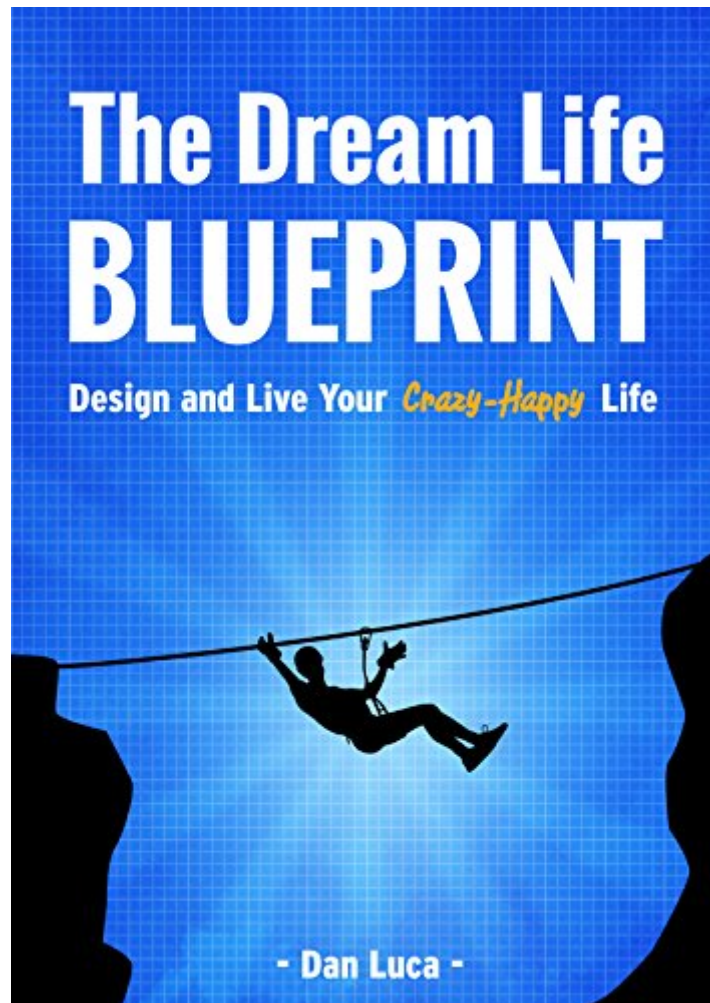


The book was found

# The Dream Life Blueprint: Design And Live Your Crazy-Happy Life



## Synopsis

As if you stop growing, you start dying. Top performers, no matter the field they're in – business, sports, art – are dedicated to the principle of continuous and permanent evolution. So, if you want to be more successful in life, you need to start to ask yourself questions such as: How can I improve what I am doing right now? How can I become more efficient in the things I do? How can I raise the value of the actions I am undertaking at this very moment? How can I practice this activity with more love in my heart? Because society has quickly evolved in a short amount of time and because there is an increasing sense of competitiveness, personal growth and development are no longer a luxury, but have become a necessity. Most people are aware of this fact, however, they choose to approach this situation in a manner that is not only unproductive, but quite often self-destructive. They want to grow in leaps and so they spend a great amount of effort into these leaps blindly unaware of the fact that their behavior will, in turn, lead to great imbalances in their life – and whatever results they might have achieved cannot be sustained in the long run, in a reasonable fashion. Precisely, this is why I have structured this book into small steps, so that you can find it easier to grow incrementally and at the same time be able to maintain your results in the long run. Let's begin! Download this book NOW to leave behind the sense of overwhelm and uneasiness and start the design of your dream TODAY! Pick up your copy today by clicking the button at the top of this page!

## Book Information

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## Customer Reviews

Dan managed somehow to put together the essentials of a personal prison escape. I mean the escape from negativity, doubt and low self-esteem. Someone said that "you can't see the prison if you are in it". So, Dan shows you the prison and then he asks you if you like it or not and if you want something else instead. And if you do want something else, then he shows you a treasure map with all the goods that either already live inside you and wait to be uncovered or you can develop at yourself. I was quite surprised by the crafted questions that allowed me clarify what I need to be happy and fulfilled. I wish you escape all of your prisons and find all of your treasures. Enjoy the voyage with the Dream Life Blueprint!

Yes, I'm like you: I'm dreaming of a dream-life! Thank you Dan for facilitating me such a clear path to get that - a dream-life!! really appreciate the step by step process, the examples and the 4 aspects of our life (body, mind, emotions and soul) that should be considered if you want to have a balanced and fulfilled life. And also, I'm looking forward to apply everything that I read as the first impulse was to read it entirely and then I plan to read it again while answering all the questions raised. Let's become part of a world of peoples that live their dream lives!

I love Dan's work! Everytime i read his books, i found solutions to my struggles. Either they are emotional, financial or personal, Dan clarifies me and give me options to know how to live with harmony in my life. The Dream Life Blueprint should be read by everybody willing to leave a legacy in his life, otherwise we are just guests in our life. The 30 days workout for mind, soul, body and emotionns is a Master Plan of your life!

Great Book ! Full of insights and exactly the thing I needed right now. Easy to read and follow, it guides you through the journey you now aknowledge it exists inside of you. You unrap your blueprint and you start doing your first steps on the map. Great axperience, great feelings and deep understandings. Go read it and apply!

Jim Rohn once said "elf you don't design your own life plan, chances are you'll fall into

someone else's plan. And guess what they have planned for you? Not much. He was right. For the longest of times I've been a part of other people's plans because I wasn't clear about what I wanted for myself. This book changed all that. Day 8 was especially helpful since I found out how harmful short-term thinking really is. I used to believe that living in the moment meant relying on short-term thinking. The thing is, if I continued to live by this principle health wise, I wouldn't have as many moments as I wanted. So I started asking myself the questions in that lesson. And when I started to ask myself what my life would look like 3 years from now if I kept eating what I was eating, not sleeping enough, not allotting time for myself in the morning | I really didn't like the answers. This question is a life changer. If you continually ask yourself what your life would look like 3 years from now before making an important decision or just minor decisions like deciding whether or not to watch another episode of your favorite show and skip on 1 hour of extra sleep, you'll be amazed to see how many things you wouldn't do now that you used to, regularly, in the past. It wasn't all fun and games. The lesson regarding dealing with self-sabotage was particularly difficult for me since the goals I previously set for myself were nowhere near holistic and I wasn't used to involving my body, mind, soul and emotions into what I was doing. I would wholeheartedly recommend this book to anyone who feels that they're not in charge of their own lives! Stop letting other people make decisions regarding your future! Your future regrets will significantly outweigh any discomfort you will feel now by allowing yourself to truly think about the consequences of every action you're taking.

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